Pre-Test Assessment

HLTAID001 Provide cardiopulmonary resuscitation
HLTAID002 Provide Basic Emergency Life Support
HLTAID003 Provide First Aid
HLTAID004 Provide an emergency first aid response in an education and care setting

V2016.01
Pre-Test Assessment Instructions

Please read all the information given to you before you start any assessment task. If you do not understand some or all of the questions, please ask your trainer / assessor for assistance.

*Read the workbook provided to you for the course.*

Before you attend your session with the trainer you must complete this multiple choice test. It accounts for self-directed learning equal to 10 hours of study.

This test comprises of 14 multiple choice questions.

To be deemed Satisfactory in this ASSESSMENT you need to answer all questions correctly. The questions are designed to assess your understanding of the unit as well as your underpinning knowledge.

Please mark all correct answers (X) on the *Answer Sheet* provided.

**Example:**

*First Aid Pre-Test Assessment Questionnaire Sheet – Question 01:*

1. The Chest Compression rate per minute for Adult/Child/ Infants is...
   - A. 60
   - B. 89
   - C. 72
   - D. 100

   *Mark correct answer (D) on the Answer Sheet.*

   A   B   C   D  

   Question 01:   X

If you have any problems simply mark the question and raise your concerns with the trainer on the day.

Print your *Answer Sheet (page 2)* and bring it with you to face-to-face training session. If you can’t print your *Answer Sheet*, please record your answers and bring them to training session.

Collect an *Answer Sheet* from reception, fill your answers and submit completed *Answer Sheet* to your trainer.

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### First Aid Answer Sheet

**Please complete below**

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**Assessor Comments and Feedback**


**Result:** [ ] Satisfactory [ ] Not Satisfactory [ ] Not Assessed

**Student Declaration:** I confirm that all evidence submitted by me for assessment is the product of my own work (unless otherwise stated), and contains no material previously published or written by another person, except where due reference is given in the text.

**Signature:** __________________________
**Date:** __/__/___

**Assessor Declaration:** I confirm that the above-named student has satisfied all requirements for this task. I have provided appropriate feedback.

**Name:** ____________________________ **Signature:** __________
**Date:** __/__/___
First Aid Pre-Test Assessment Questionnaire

1. The basic life support flowchart is?
   A. Danger, Send for Help, Airway, Breathing, Defibrillation and CPR
   B. Send for help, Response, Breathing, Airway, CPR, Defibrillation and Danger
   C. Danger, Response, Send for help, CPR, Airway, Defibrillation, Breathing
   D. Danger, Response, Send for help, Airway, Breathing, CPR and defibrillation

2. When doing compressions you should?
   A. Go at a rate of 100 compressions a minute
   B. Do 30 compressions to 2 breaths
   C. Depress the chest 1/3 of the depth of the chest cavity
   D. All of the above

3. When administering breaths to an infant (0-12 months) you should?
   A. Have the head in a neutral position
   B. Hyperextend the head to open the airway
   C. Apply jaw thrust and head tilt
   D. Blow as hard as you can to overcome any obstruction

4. When treating an external bleed on an arm you should?
   A. Apply direct pressure with a bandage and have them hold their arm down
   B. Apply a tourniquet to stop the bleeding
   C. Remove any embedded object
   D. Apply direct pressure and elevate their arm

5. The correct position for a conscious person with internal bleeding is?
   A. Standing bent over to take pressure off the abdomen
   B. Lying down in the recovery position
   C. Sitting in the most comfortable position
   D. Lying down on back with their head and knees raised

6. When treating an amputated finger you?
   A. Treat the finger first as time may cause it to not be able to be reattached
   B. Wash the finger and bandage it back onto the hand
   C. Treat the bleed first, then place the finger in a plastic bag on ice
   D. Throw the finger away and treat the bleed
7. **Someone is experiencing chest pain that has lasted 15 minutes after taking angina medication, your next step is?**
   A. Treat as a heart attack and call emergency services
   B. Give them more angina medication
   C. Sit the casualty down and loosen tight clothing
   D. Both A and C

8. **When someone is coughing and choking you?**
   A. Slap them on the back and encourage them to cough it up
   B. Call emergency services and wait for paramedics to arrive
   C. Encourage them to cough it up and loosen tight clothing
   D. Administer 5 back slaps followed by 5 chest thrusts and alternate between until the obstruction comes clear

9. **Some of the signs and symptoms of Anaphylaxis are?**
   A. Facial swelling (angioedema)
   B. Hives and welts
   C. Difficulty breathing
   D. All of the above

10. **The rule of ‘4’ means?**
    A. Give 4 puffs of a reliever medication through a spacer straight after each other and have the casualty breath deeply
    B. Give 4 puffs of a reliever medication through a spacer and allow the casualty to take 4 breaths of each puff. Wait 4 minutes and then repeat.
    C. Give as many puffs of a reliever medication until the casualty feels better
    D. Give 4 puffs of a reliever medication and 4 puffs of a preventer medication

11. **The acronym FAST stands for:**
    A. Fast treatment, arm weakness, speech difficulty, first aid
    B. Facial weakness, arm weakness, speech difficulty, time to act fast
    C. Firm pressure, act quickly, send for help, treat other injuries
    D. First aid, appropriate treatment, sensible choices, treat all people fairly

12. **If someone is having a seizure you should?**
    A. Hold the casualty still so they can’t hurt themselves and call emergency services
    B. Time the seizure and clear the environment so they can’t hurt themselves
    C. Call emergency services and place something soft in their mouth so they don’t break their teeth
    D. Administer epilepsy medication once the seizure stops and give warm sweet drinks
13. **The correct position for someone who has fainted is?**
   A. Lay patient down, keep warm & calm, watch conscious state carefully
   B. Rolled into the recovery position
   C. Sitting down with head forward
   D. The most comfortable position

14. **Someone at work has fallen from a ladder greater than 2 metres high and has hit their head, they are conscious; the most correct action would be to?**
   A. Move them into the recovery position and monitor until emergency services arrive
   B. Check and only treat the head injury
   C. Move them as little as possible but ensure the airway is protected at all times
   D. Finish whatever they were doing at the top of the ladder so they don’t get in trouble with the boss